

## Pre Operative Instructions

Dr. C. Ken Templeton  
(918) 508-2121

- You may not have anything to eat or drink (including water) for six (6) hours prior to your surgery appointment.
- Do not consume alcohol or smoke 48 hours prior to your surgery.
- Please do not take any oral medications unless we have specifically instructed you to do so.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- The patient should not drive a vehicle or operate any machinery for 24 hours following surgery.
- You may brush your teeth prior to your surgery appointment.
- Please wear loose fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes. No sandals. Tennis shoes are ideal.
- Contact lenses, jewelry, dentures, and any piercings (tongue ring, lip ring) must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office prior to your surgery appointment.

**A minimum of 48 hours notice is required if your surgery appointment needs to be cancelled or rescheduled. This time will be reallocated to someone who is in need of treatment. This is how we can best serve the needs of all. You may contact our office at (918) 508-2121 with any questions or concerns.**

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_